

Take Back Your Mind UK | TBYMUK

Creating Healthier Minds.
We Are On Your Side.

Research Manager

Introduction

As the Volunteer Research Manager at Take Back Your Mind UK, you will play a crucial role in leading and managing the Research Department. Your expertise will contribute significantly to our mission of promoting mental health awareness and challenging stigmas. While prior professional experience in mental health is preferred, it is not necessary. We welcome individuals passionate about mental health advocacy and research to join our organisation.

Responsibilities

- **Strategic Research Planning:** Develop a strategic research plan to guide the activities of the Research Department. Identify key areas of focus to enhance understanding and awareness of mental health issues.
- **Team Coordination:** Lead a team of volunteers within the Research Department. Assign tasks, set deadlines, and ensure efficient collaboration among team members.
- **Research Oversight:** Oversee the research process, ensuring that information gathered is accurate, relevant, and timely. Review and approve research findings before dissemination to other departments, primarily social media.
- **Content Development Support:** Collaborate with the Social Media team to provide research-backed content for various platforms. Assist in generating ideas and concepts for educational resources and campaigns.
- **Reporting and Documentation:** Update our Research Complex with compiled research documentation.

What's Needed

- **Leadership Skills:** Demonstrate leadership qualities, including the ability to motivate and inspire volunteers towards common goals.
- **Communication Skills:** Written and verbal communication skills are essential for effectively conveying research findings and collaborating with other departments.
- **Research Understanding:** Previous experience in conducting research, particularly in the field of mental health, is advantageous, but not essential.

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- **Teamwork and Independence:** Ability to work collaboratively as part of a team while also demonstrating initiative and independent decision-making when necessary.

Qualifications

- Minimum Grade 3 in English Language and Literature.
- Bachelor's degree in a relevant field (e.g., Psychology, Psychotherapy, Mental Health Technician). (Not required, but beneficial)
- Experience in research, particularly in mental health, is desirable but not required.

Benefits

- Gain valuable experience in research management and leadership within a non-profit organisation.
- Contribute to meaningful initiatives that promote mental health awareness and support.

This role is voluntary, and as such, it offers an opportunity to contribute to **Creating Healthier Minds** while developing valuable skills and experiences.

Take Back Your Mind UK is committed to diversity and inclusivity. We encourage applications from individuals of all backgrounds and experiences.